



## IV NUTRIENT THERAPY

# DISCHARGE INSTRUCTIONS

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- At the end of your treatment a bandage will be applied to the IV site. If you bruise easily, leave the dressing on for one hour. Otherwise, it can be removed after fifteen (15) minutes.
- Drink at least 24 oz of water.
- Get plenty of rest.
- If you experience any of the following symptoms, **CONTACT US IMMEDIATELY:**
  - Significant swelling over the IV site.
  - Redness over the vein that is increasing in size.
  - Pain in the area that had the IV that is not improving over an 8 - 12 hour period.
  - New headaches that do not resolve with increased hydration or over the counter (OTC) pain relievers.

**Please contact Minnie Street Aesthetics at (507) 254-7072 if you have any questions, concerns, or compliments regarding your treatment.**